



KMC Crossfest
Thompson, CT
10/1/2017

40+ 4-5 Lap Report

Place	Bib	Last	First	Category	Time	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5
1	530	FRISBIE	Rich	40+ 4-5	41:45	9:00	8:10	8:13	8:20	8:03
2	504	PARECE	Gary	40+ 4-5	41:45	8:51	8:22	8:11	8:20	8:04
3	509	MCCOY	Ben	40+ 4-5	42:09	8:58	8:24	8:22	8:16	8:12
4	502	SUTLIFF	Tai	40+ 4-5	42:09	9:00	8:12	8:19	8:28	8:12
5	503	DESMARAIS	Dan	40+ 4-5	43:19	9:00	8:23	8:34	8:43	8:41
6	524	SADLER	Steve	40+ 4-5	43:40	9:44	8:39	8:32	8:29	8:18
7	516	WALSH	Sean	40+ 4-5	43:42	9:31	8:40	8:40	8:30	8:23
8	541	BAKER	Darrick	40+ 4-5	43:43	9:14	8:38	8:35	8:46	8:33
9	513	STEARNS	David	40+ 4-5	43:49	9:01	8:32	8:55	8:48	8:36
10	515	SODERMAN	Jeffrey	40+ 4-5	43:51	9:22	8:41	8:48	8:33	8:29
11	511	WALTON	Adam	40+ 4-5	43:56	9:14	8:35	8:47	8:49	8:34
12	535	WATKINS	Jason	40+ 4-5	44:05	9:46	8:39	8:31	8:44	8:28
13	507	MORGAN	David	40+ 4-5	44:10	9:30	8:46	8:39	8:33	8:43
14	522	HAINES	Tom	40+ 4-5	44:20	9:40	8:37	8:39	8:43	8:43
15	517	COOPER	Andrew	40+ 4-5	44:45	9:22	8:41	8:45	8:44	9:14
16	525	HOENICK	Robert	40+ 4-5	44:51	9:31	8:46	8:39	8:50	9:07
17	537	PAPPAS	Chris	40+ 4-5	44:55	9:40	8:56	8:54	8:46	8:42
18	538	POHL	Jonathan	40+ 4-5	45:10	9:29	8:47	9:01	9:02	8:53
19	523	MAYO	Timothy	40+ 4-5	45:18	9:31	8:51	9:00	8:59	8:59
20	534	FURRER	Stephen	40+ 4-5	45:38	9:37	8:52	8:57	9:01	9:13
21	521	OEHMIG	Dunbar	40+ 4-5	45:45	9:46	8:51	8:59	9:02	9:08
22	544	OLBRYNS	Michael	40+ 4-5	45:50	9:43	8:59	9:00	9:09	9:01
23	578	HAYES	David	40+ 4-5	46:08	10:12	9:01	9:05	9:02	8:49
24	545	MURPHY	Jim	40+ 4-5	46:10	9:54	8:57	9:17	9:13	8:51
25	607	HUBER	Steffen	40+ 4-5	46:14	10:26	9:04	8:52	9:02	8:51





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26	617	ALBERT	Matthew	40+ 4-5	46:15	10:27	9:04	8:54	9:01	8:52
27	554	WEISS	Sean	40+ 4-5	46:21	10:17	9:04	9:02	9:02	8:58
28	571	POCH	Eric	40+ 4-5	46:21	10:02	9:11	9:10	9:01	8:58
29	556	ORLOWSKY	Michael	40+ 4-5	46:54	10:29	9:03	9:16	9:12	8:55
30	585	ALLRED	Dan	40+ 4-5	47:06	9:57	9:04	9:18	9:08	9:41
31	574	STREULI	Stuart	40+ 4-5	47:34	10:17	9:12	9:15	9:23	9:29
32	583	CHENAIL	Brett	40+ 4-5	47:40	10:36	9:08	9:16	9:23	9:18
33	575	DIEFFENBACH	Jeff	40+ 4-5	47:58	10:23	9:18	9:26	9:37	9:15
34	550	BANCROFT	David	40+ 4-5	47:59	11:07	9:21	9:23	9:12	9:00
35	576	WOOD	Brian	40+ 4-5	48:23	10:39	9:27	9:30	9:25	9:24
36	569	DONNELLAN	Jd	40+ 4-5	48:38	11:04	10:05	10:32	11:15	5:43
37	572	CHEWNING	Todd	40+ 4-5	48:42	10:05	9:22	9:34	9:44	9:58
38	626	HAYS	Kevin	40+ 4-5	48:43	11:06	9:40	9:21	9:24	9:15
39	570	GOLDBERG	David	40+ 4-5	48:49	10:32	9:32	9:42	9:41	9:24
40	548	POTTER	Alan	40+ 4-5	50:06	10:56	10:03	9:46	9:50	9:33
41	599	CRELLING	David	40+ 4-5	50:08	11:12	9:33	9:32	9:45	10:07
42	592	CARNER	George	40+ 4-5	50:13	11:14	9:48	9:48	9:48	9:36
43	567	LENNON	Matthew	40+ 4-5	50:31	11:21	9:50	10:01	9:40	9:40
44	595	BIRD	Steven	40+ 4-5	51:05	11:38	10:02	9:58	9:35	9:53
45	602	MCCUE	Patrick	40+ 4-5	51:25	10:58	9:52	10:08	10:20	10:09
46	565	O'KEEFFE	Jonathan	40+ 4-5	51:27	10:55	10:40	9:48	9:44	10:21
47	552	DELGROSSO	Shane	40+ 4-5	51:43	10:44	10:04	10:27	10:25	10:05
48	590	LICHACK	Matt	40+ 4-5	51:49	11:01	9:55	10:07	10:35	10:13
49	566	KEPPLER	David	40+ 4-5	52:08	10:57	10:15	10:15	10:18	10:25
50	501	NARDELLI	Nicholas	40+ 4-5	53:01	9:05	8:13	8:22	8:18	19:05





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51	573	THOMPSON	Ian	40+ 4-5	-1 lap	11:21	9:56	10:14	10:26	
52	611	ANTELMAN	Doug	40+ 4-5	-1 lap	11:21	10:17	10:14	10:26	
53	612	HEMPEL	Douglas	40+ 4-5	-1 lap	11:21	10:25	10:39	10:50	
54	601	DOWNS	Jim	40+ 4-5	-1 lap	11:58	10:35	10:26	10:32	
55	605	HALBEISEN	Pete	40+ 4-5	-1 lap	11:22	10:43	11:14	11:06	
56	614	SMITH	Christopher	40+ 4-5	-1 lap	11:45	10:53	11:16	11:23	
57	598	DANIS	Kevin	40+ 4-5	-1 lap	12:04	11:23	11:25	11:23	
58	603	O'CONNOR	Tim	40+ 4-5	-1 lap	12:09	11:22	11:33	11:53	
59	579	SCHWARTZ	Charles	40+ 4-5	-1 lap	12:00	11:24	12:06	11:53	
60	582	MCCABE	Michael	40+ 4-5	-1 lap	12:55	12:45	13:21	13:01	
61	593	MELIDONE	Raffaele	40+ 4-5	-2 laps	12:00	22:41	11:23		
62	600	BOND	David	40+ 4-5	-2 laps	16:27	16:24	15:33		
DNF	532	GOLDMAN	Daniel	40+ 4-5		9:56	9:48			
DNF	519	O'CONNOR	Mike	40+ 4-5		51:27				

